

# PRR & VS GOVERNMENT DEGREE COLLEGE

VIDAVALUR, SPSR NELLORE – Dist., A.P.

(Re-Accredited with B+ Grade by NAAC)



## WOMEN EMPOWERMENT CELL

### ACTION PLAN

2023–2024






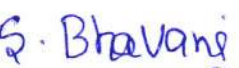



**PRR & VS GOVERNMENT DEGREE COLLEGE  
VIDAVALUR, SPSR NELLORE – Dist., A.P.**

**WOMEN EMPOWERMENT CELL**

As per the proceedings of the Principal PRR & VS Govt. College, Vidavalur, the following committee is constituted to look after the various important activities of Women Empowerment Cell for the academic year 2023-24.

**Women Empowerment Cell Committee 2023-24**

- |   |   |
|---|---|
| 1. Dr.B.Sujatha, Principal                          | - President   |
| 2. Smt.P.Priyanka, Lecturer in Political Science    | - Convener  |
| 3. Dr.G.VaraLakshmi, Lecturer in Statistics         | - Member   |
| 4. Dr.G.PadmaPriya, Lecturer in Telugu              | - Member   |
| 5. Smt.B.Vidyullatha, Lecturer in Computer Science  | - Member   |
| 6. Smt.V.Sarvani, Lecturer in Computer Applications | - Member   |
| 7. S. Ganga Bhavani – II B.Sc (MPCS), Student       | - Member   |
| 8. J.Pavani - II B.Sc (MPCS), Student               | - Member   |

  
Signature of the Principal

PRINCIPAL  
PRR & VS GOVT. COLLEGE  
VIDAVALUR - 524318.  
SPSR NELLORE DIST.

**PRR & VS GOVERNMENT DEGREE COLLEGE  
VIDAVALUR, SPSR NELLORE – Dist., A.P.**

**WOMEN EMPOWERMENT CELL**

**ACTION PLAN 2023-24**

Women Empowerment Cell is planning to organize various programs with a motive to educate girl students on women health issues and gender quality.

Women Empowerment Cell Activities planned:

1. To conduct Awareness programs on health issues.
2. To celebrate International Day for the Elimination of Violence Against Women.
3. To celebrate International Women's Day
4. To celebrate National Girl Child Day.
5. To celebrate festivals.
6. To train students on Yoga.

  
**Signature of the Principal**

**PRINCIPAL  
PRR & VS GOVT. COLLEGE  
VIDAVALUR - 524318.  
SPSR NELLORE DIST.**

# PRR & VS GOVERNMENT DEGREE COLLEGE

VIDAVALUR, SPSR NELLORE – Dist., A.P.

(Re-Accredited with B+ Grade by NAAC)



## WOMEN EMPOWERMENT CELL

ACTIVITIES

2023–2024





# PRR & VS GOVERNMENT DEGREE COLLEGE

VIDAVALUR, SPSR NELLORE – Dist., A.P.



## WOMEN EMPOWERMENT CELL

**VINAYAKA CHAVITHI**

**YEAR OF THE EVENT - 2023-2024**

**P. PRIYANKA**

**Convener, Women Empowerment Cell**



# PRR & VS GOVERNMENT DEGREE COLLEGE

VIDAVALUR, SPSR NELLORE – Dist., A.P.



<b>Name of the Activity:</b>	VINAYAKA CHAVITHI
<b>Date of the Activity:</b>	16-09-2023
<b>Purpose of Activity:</b>	Vinayaka Chavithi is a Hindu Festival celebrates all over Indian Hindus and some of Muslims also. Some people believe that the Ganesh is the God of Knowledge and He will take all the obstacles. This festival celebrates with traditional way and all the material used in this celebration only eco friendly. Even idol of God also made with clay. This is also known as 'Ganesh Chathurdhi'.
<b>Principal:</b>	Dr. B Sujatha
<b>Number of Students Participated:</b>	24
<b>Activity Organized by:</b>	Smt. P. Priyanka, Convener, Women Empowerment Cell.
<b>Outcomes of the Event:</b>	All the Students and Staff of this college celebrate this Vinayaka Chavithi Festival in our college campus with traditional way. A Clay idol was made by our students and decorated flowers and leaves and branches. Offering to the God with traditional sweets and food. All the students and staff participated in this occasion.
<b>Brief Report about the event:</b>	This festival was conducted by P. Priyanka, Convener, Women Empowerment Cell on behalf of Women's Empowerment Cell. All the Girl students actively participated in this festival and offering the God with so many traditional sacred foods. The Idol of Ganesha also made with clay by our students. And also some clay Idols was distributed by our students to the villagers. The village people were happy to distribution of Idols.



Celebration of Vinayaka Chaturdhi in our College



**Making of Ganesh Idols by the Clay.**





Offering the pooja to the Vinayaka, the God of Knowledge.





Principal participated in the puja with our college girls.

## మట్టి వినాయకుడిని పూజించండి

**విడవలూరు, న్యూస్టుడే:** పర్యావరణ పరిరక్షణకు మట్టి వినాయక ప్రతిమలను పూజించాలని విడవలూరు ప్రభుత్వ డిగ్రీ కళాశాల ప్రిన్సిపల్ డాక్టర్ బి.సుజాత తెలిపారు. విడవలూరు పీఆర్ఆర్ అండ్ వీఎస్ ప్రభుత్వ డిగ్రీ కళాశాలలో ముందస్తు వినా



విడవలూరు డిగ్రీ కళాశాలలో విద్యార్థికి మట్టి వినాయకుడిని అందిస్తున్న ప్రిన్సిపల్

యక చవితి వేడుకలు శనివారం నిర్వహించారు. కళాశాలలో మట్టి వినాయక బొమ్మలు తయారు చేసి విద్యార్థులకు అందజేశారు. వైస్ ప్రిన్సిపల్ డాక్టర్ మదు, అధ్యాపకులు, సిబ్బంది పాల్గొన్నారు. **ముత్తుకూరు:** కాలుష్య నియంత్రణకు ప్రతి ఒక్కరు కంకణబద్ధులు కావాలని ఆదాని కృష్ణపట్నం పోర్టు సీవోవో సంజయ్ కొత్త కోరారు. ప్రపంచ ఓజోన్ పరిరక్షణ దినోత్సవం సందర్భంగా శనివారం పోర్టులో మొక్కలు నాటే కార్యక్రమం చేపట్టారు. కార్యక్రమంలో సంజయ్ మాట్లాడుతూ కాలుష్య నివారణతోనే ఓజోన్ పొర రక్షణ సాధ్యమన్నారు. కాలుష్య నివారణకు పోర్టు అనే చర్యలు చేపడుతున్నట్లు పేర్కొన్నారు.

B. S.

PRINCIPAL  
PRR & VS GOVT. COLLEGE  
VIDAVALUR - 524318,  
SPSR NELI ORF D1,



# PRR & VS GOVERNMENT DEGREE COLLEGE

VIDAVALUR, SPSR NELLORE – Dist., A.P.



## WOMEN EMPOWERMENT CELL

**INTERNATIONAL DAY OF THE GIRL CHILD**

**YEAR OF THE EVENT - 2023-2024**

**P. PRIYANKA**

**Convener, Women Empowerment Cell.**



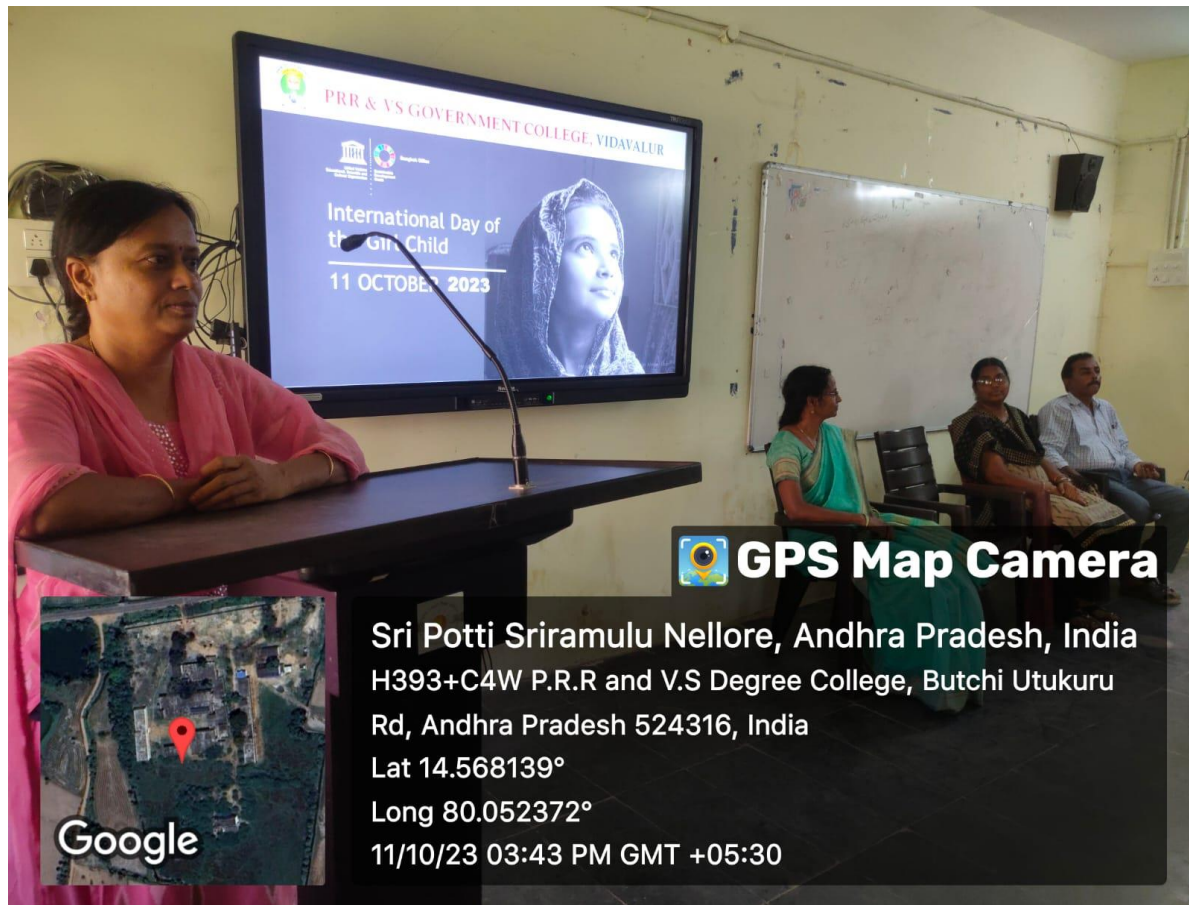
# PRR & VS GOVERNMENT DEGREE COLLEGE

VIDAVALUR, SPSR NELLORE – Dist., A.P.



## WOMEN EMPOWERMENT ACTIVITIES: 2023-2024

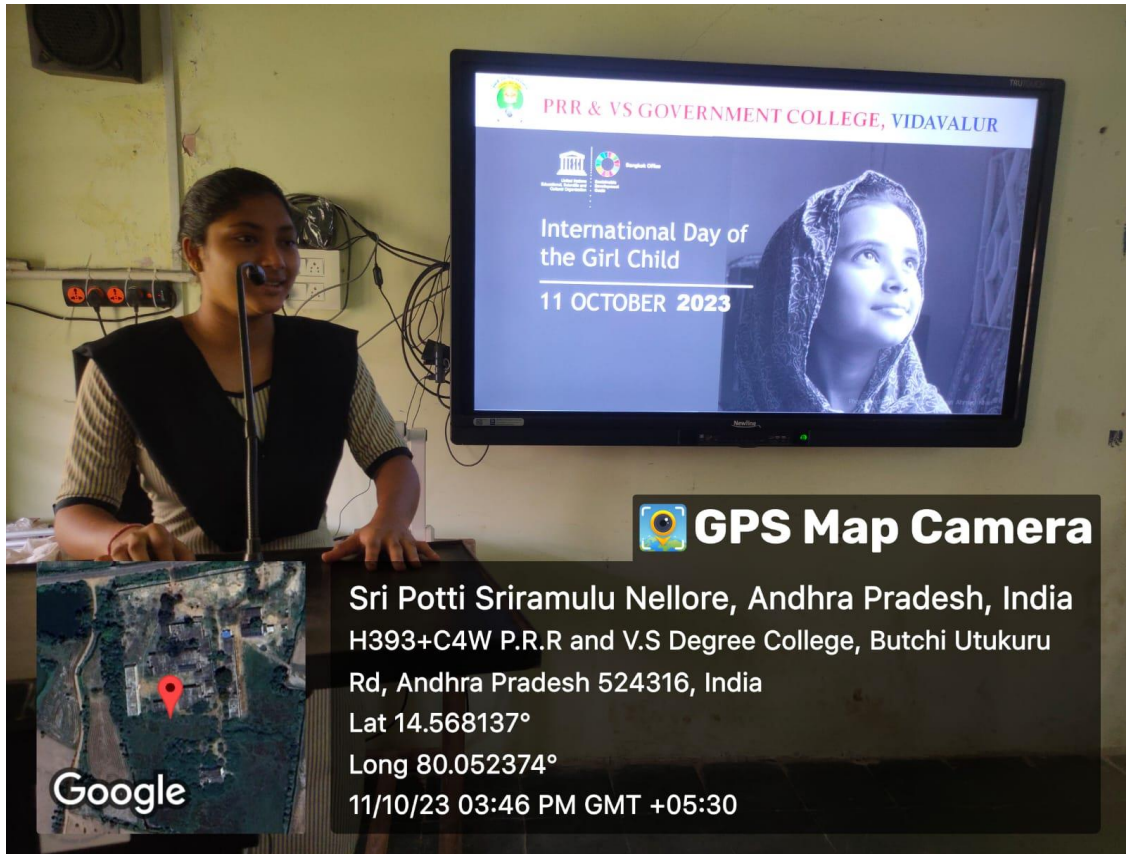
<b>Name of the Activity:</b>	INTERNATIONAL DAY OF THE GIRL CHILD
<b>Date of the Activity:</b>	11-10-2023
<b>Purpose of Activity:</b>	International Day of the Girl increases awareness of issues faced by girls around the world. The Day of Girls helps raise awareness not only of the issues that girls face, but also of what is likely to happen when those problems are solved. We have conducted this event to know the important to recognize girls' rights and the unique challenges girls face around the world.
<b>Principal:</b>	Dr. B Sujatha
<b>Number of Students Participated:</b>	25
<b>Activity Organized by:</b>	Smt. P. Priyanka, Convener, Women Empowerment Cell.
<b>Outcomes of the Event:</b>	All the staff and students participated in this event and the Girl students increases awareness of issues faced by them. Our principal explains the importance of Internal Day of Girl Child and motivated them how to face the problems and find the solutions. Some of our students show their talent in Yoga and Karate.
<b>Brief Report about the event:</b>	This event was conducted by P. Priyanka, Convener, Women Empowerment Cell All the Girl students actively participated in this event and shown their skills. Practices Yoga and display the Karate techniques to their self protection. Some of our students also explained their views on this special day. Our principal Dr. Sujatha appreciated our students.



**Our Principal Dr. B Sujatha speech on International Day of the Girl Child**



**Our Girl students Practices the Yoga**



One of our students Speech on this special Day.



Girl students show their Karate Skills.

*B. Su*  
PRINCIPAL  
PRR & VS GOVT. COLLEGE  
VIDAVALUR - 524318,  
SPSR NELLORE DT,

**PRR & VS GOVERNMENT DEGREE COLLEGE**

**VIDAVALUR, SPSR NELLORE – Dist., A.P.**



**WOMEN EMPOWERMENT CELL**

**YOGA PRACTICE FOR WOMEN STUDENTS**

**YEAR 2023-2024**

**P. PRIYANKA**

**Convener, Women Empowerment Cell**

# PRR & VS GOVERNMENT DEGREE COLLEGE

VIDAVALUR, SPSR NELLORE – Dist., A.P.



## DEPARTMENT OF POLITICAL SCIENCE ACTIVITIES: 2023-2024

<b>Name of the Activity:</b>	YOGA PRACTICE FOR WOMEN STUDENTS
<b>Date of the Activity:</b>	21-02-2024
<b>Purpose of Activity:</b>	Yoga practice have shown significant benefits for physical and mental well-being, it was considered important by the UN to globally promote this wellness practice, which originated in ancient India. Particularly this is best for women for Physical and Mental Health. It works in women body to reduce illness of whole body and gives the mental peace.
<b>Principal:</b>	Dr. B. Sujatha
<b>Number of Faculty Participated:</b>	10
<b>Number of Students Participated:</b>	45
<b>Activity Organized by:</b>	Smt. P. Priyanka, Convener, Women Empowerment Cell
<b>Outcomes of the Event:</b>	The Yoga Classes conducted in this college as a part of activities of Women Empower Cell. Faculty of our college and students were participated in this event and practices the Yoga poses and learnt the usage of Yoga practice. Our students those who were learned the Yoga previously, they shows the Yoga poses to our students. Some of our faculty explained the benefits of Yoga in our daily life.
<b>Brief Report about the event:</b>	Dr. B. Sujatha our Principal also participated in this event very actively. Mrs. P. Priyanka, Convener, Women Empowerment Cell organized this program and other faculty also cooperated. The students of our college participated and enjoyed a lot. In this connection our students learn the meditation also.



Our Students Practices the Yoga



**Students Practice the another pose in Yoga**



**One of our student Shows the pose of yoga**



**Students practices yoga poses.**



In the part of Yoga the students in Meditation



Yoga pose practice by our students.

*B. Su*  
PRINCIPAL  
PRR & VS GOVT. COLLEGE  
VIDAVALUR - 524318,  
SPSR NELLORE DIST.

PRR & VS GOVERNMENT DEGREE COLLEGE

VIDAVALUR, SPSR NELLORE – Dist., A.P.



**WOMEN EMPOWERMENT CELL**

**INTERNATIONAL WOMEN'S DAY**

**YEAR 2023-2024**

**P. PRIYANKA**

**CONVENER, WOMEN EMPOWERMENT CELL**

# PRR & VS GOVERNMENT DEGREE COLLEGE

VIDAVALUR, SPSR NELLORE – Dist., A.P.



## DEPARTMENT OF WOMEN EMPOWERMENT CELL ACTIVITIES: 2023-2024

<b>Name of the Activity:</b>	INTERNATIONAL WOMEN'S DAY
<b>Date of the Activity:</b>	06-03-2024
<b>Purpose of Activity:</b>	International Women's Day is a global day celebrating the social, economic, cultural and political achievements of women. The main objective behind the celebration of the event is to raise awareness about discrimination and ringing attention to issues such as gender equality, reproductive rights, violence and abuse against women.
<b>Principal:</b>	Dr. B. Sujatha
<b>Number of Faculty Participated:</b>	10
<b>Number of Students Participated:</b>	42
<b>Activity Organized by:</b>	Smt. P. Priyanka, Convener, Women Empowerment Cell
<b>Outcomes of the Event:</b>	To honor and pay tribute to the females who dedicated their lives in ensuring that women were granted equal rights to men. To remember and acknowledge the discrimination and inequality of women in the past, as well as how much of it still remains in many cultures today. It made students to understand that uphold women's achievements, recognize challenges, and focus greater attention on women's rights and gender.
<b>Brief Report about the event:</b>	Dr. B. Sujatha our Principal acted as a chief resource person. All the women students are participated in this event and made the event successful. All of our students participated in different events like Rangoli, Lemon Spoon, Kabaddi, Musical Chairs etc., in our campus. Winners in this games felicitated by our Principal.



Our Principal & Lecturers with Mehndi Designs by the students



Students displays the different types of dishes made by them



**Principal and Lecturer starts the Lemon Spoon game**



**Students playing the Kabaddi game.**



Rangoli by our students.



Students ready to play the Musical Chair game.



Students playing the Lemon Spoon Game.



Principal, Lecturer and Students gathered in the occasion of International Women's Day.



Shot on OnePlus

Male Lecturers felicitating the Principal on the eve of Women's Day.



Shot on OnePlus

Sharath 🥰

One of our student felicitated by the staff.

B. Su  
PRINCIPAL  
PRR & VS GOVT. COLLEGE  
VIDAVALUR - 524318,  
SPSR NELI ORF D1.